

## The Resilience Centre

The Resilience Centre comes under the Macau Social Welfare Bureau, it provides services for people and their families who have gambling problem and will organize community lectures and activities to the public in order to prevent gambling addiction.

### Services Include:

- Personal and family counseling.
- Hotline counseling and consultation.
- Healthy financial management and financial counseling.
- Community lectures.
- Promotion activities.



SOCIAL WELFARE BUREAU  
OF MSAR GOVERNMENT



Address: Rua do Campo, n.º 103, Edif.  
Associação de Construtores Cívicos e Empresas  
e Fomento Predial, 1.º andar B-D, Macau

Office Hours:  
Monday to Thursday, 9am - 1pm;  
Friday 9am - 1pm;  
2:30pm-5:30pm  
Close on weekends and public holidays.

Hotline No. : 28323998  
Gambling treatment counseling  
hotline: 28323998

Fax: 28323928  
Website: www.ias.gov.mo



SOCIAL WELFARE BUREAU  
OF MSAR GOVERNMENT

## The Resilience Centre



### Problem Gambling Counseling Service

Gambling treatment counseling hotline

**28323998**



## What is Gamble?

According to Professor Robert Ladouceur of Laval University, Quebec, Canada, defined "Gamble" as: Players wager money or an object of value, this bet is irreversible once placed, and, finally, the game's outcome relies on chance.

## What is Problem Gambling?

When gambling behavior has brought negative effects to one's daily living, e.g. economic, work, social, school, emotion and physical status, and the money and times used for gamble has increased rapidly, this shows the chance of being a problem gambler is significant.



## DSM IV - Diagnostic criteria for Pathological Gambling

Persistent and recurrent maladaptive gambling behavior as indicated by five (or more) of the following:

- 1. is preoccupied with gambling (e.g. Preoccupied with reliving past gambling experiences, handicapping or planning the next venture, or thinking of ways to get money with which to gamble)
- 2. needs to gamble with increasing amounts of money in order to achieve the desired excitement
- 3. has repeated unsuccessful efforts to control, cut back or stop gambling
- 4. is restless or irritable when attempting to cut down or stop gambling
- 5. gambles as a way of escaping from problems or of relieving a dysphoric mood (e.g. Feelings of helplessness, guilt, anxiety, depression)
- 6. after losing money gambling, often returns another day to get even ("chasing" one's losses)
- 7. lies to family members, therapist or others to conceal the extent of involvement with gambling
- 8. has committed illegal acts such as forgery, fraud, theft or embezzlement to finance gambling
- 9. has jeopardized or lost a significant relationship, job or educational or career opportunity because of gambling
- 10. relies on others to provide money to relieve a desperate financial situation caused by gambling

## Analysis Result

- \* 1-2 "yes" answers: potential problem gamblers, your gambling problem may affecting your life.
- \* 3-4 "yes" answers: problem gamblers, your gambling problem is affecting your life in different ways.
- \* 5 or more "yes" answers: pathological gambling, your gambling problem is damaging your life seriously in different ways.

Adapted from the American Psychiatric Association Diagnostic Criteria from DSM IV 1994

## Organizations in Macao

| Name   | Contact no. |
|--|-------------|
| S.K.H. Gambling Counseling and Family Wellness Centre<br><a href="http://www.skhssco.org.mo">http://www.skhssco.org.mo</a>                                 | 28223372    |
| The Social Service of Methodist Church Macau<br>Taipa Family Education and Support Centre<br><a href="http://www.mfesc.org.mo">http://www.mfesc.org.mo</a> | 28837001    |
| The Yat On Centre<br><a href="http://www.yoc.org.mo">http://www.yoc.org.mo</a>   | 28210033    |
| The Macao Industrial Evangelistic Fellowship<br><a href="http://www.moief.org">http://www.moief.org</a>  | 66881354    |
| The Macao Catholic Family Advisory Council<br><a href="http://www.mcaf.org.mo">http://www.mcaf.org.mo</a>  | 28388886    |

